



# **JAN KJELLSTRÖM INTERNATIONAL FESTIVAL 2024**

## **EVENT PROGRAMME**

**29<sup>th</sup> March – 1<sup>st</sup> April**

### **WELCOME!**

The East and West Midlands Orienteering Associations welcome competitors from across the UK and around the world to the Jan Kjellström International Festival of Orienteering in the Midlands.

**Day 1: Friday 29<sup>th</sup> March – Sprint – Loughborough University**

**Day 2: Saturday 30<sup>th</sup> March – Middle – Beaudesert**

**Day 3: Sunday 31<sup>st</sup> March – Long – Beaudesert**

**Day 4: Monday 1<sup>st</sup> April – Relays – Stanton Moor**

# General Information

## Event Entry

No EOD for Championship courses, but there will be non-championship courses available for entry on the day – Novice (day 1 while stocks last), White, Yellow, Orange and Light Green (days 2 and 3 only while stocks last).

	Day 1 Sprint		PreO	Day 2 Middle		PreO	Day 3 Long		Relay
	Champ	Nov		Champ	CC		Champ	CC	
Pre-entry	y	y	y	y	y	n	y	y	y
EOD	n	y	y	n	y	n	n	y	Y*

\* Limited EOD in class P (Ad Hoc) only

## Changes

Various things can be changed online on the SiEntries website [up until the closing date](#), including class, start block preference (or other start time details, e.g. “close to person X on another entry form”), SI card number.

For anything that cannot be changed, including cancelling an entry, please email the Entry Secretary via [dijacks68@gmail.com](mailto:dijacks68@gmail.com).

## Cancellation Procedure and Refund Policy

The event is covered by the standard British Orienteering major events entry terms and conditions policy: [Terms & Conditions V3.2](#).

If need to cancel your entry, please contact the Entries Secretary via [dijacks68@gmail.com](mailto:dijacks68@gmail.com).

## Hospitals

As the days are spread out information for each day is within each day section.

## First Aid

First Aid is provided on all days by ESG. We extend our thanks for their assistance. ESG mobile: TBC (main) and TBC (alternative).

## Bibs

Days 1 – 3: Bibs are used for all Foot-O classes and can be collected from Enquiries where they are in alphabetical order. All competitors must wear their individually numbered bibs and will not be allowed to start without them. Elite runners will use the same bib for days 1 and 2 and will be issued with a new bib for day 3. Day 4 Bibs will be included in the Team Bag to be collected on the morning of the event.

Remember to bring your bib with you each day. All competitors should complete the reverse side of the bib with contact details and any medical information. Entry-on-the-day competitors will be issued with a bib when registering for their course.

**NOTE: The yellow and green band bibs are for elite runs only. If you have entered for an elite run on one day and a non-elite run on another day, you will just wear the bib allocated. You won't get a second bib.**

## Shadowing

Shadowing/pairs is not permitted on any of the Championship courses or on the Elite PreO courses. Shadowing (or taking part as a pair) is only permitted on the non-championship courses. The person shadowing must complete their own run before shadowing.

## Start Lists

Available via the SiEntries website: [SiEntries start list](#).

Please note that seeded starts take precedence over start preferences.

## Start Procedure

See each day for specific instructions.

## Electronic Punching

SIAC (contactless punching) will be enabled for all days. Non-SIAC dibbers will still work. If you wish to hire a SIAC dibber, please select the hire option when you enter via SiEntries. The finish will be in beacon mode so those with SIAC can 'punch' touch free - those with traditional SI cards will 'dib' those same controls.

For Day 4, Legs 1 and 2 may finish in touch-free mode, **BUT Leg 3 runners must dib at the finish**, and stay in the order in which they crossed the finish line.

Competitors will need SI cards for end-to-end course timing the PreO event. Control units will be dibbing only and will not be touchless enabled, though SIAC cards will still work.

The control layout will be consistent with SI box horizontally mounted on a stake with the code number on the top of the box and the kite below that. A punch will be hung inside the kite for use in case of failure of the box.

Day 1 - Control numbers on top only.

Day 2 - Control numbers on top only.

Day 3 - Control numbers on top only.

Day 4 - Control numbers on top only.

A sample control will be in the arena outside Enquiries for each day.

Hired SI cards can be collected from Enquiries. Hired SI cards must be returned at download by the end of your last day of competition. If a hired SI card is lost a replacement fee must be paid on the day.

SIAC cards will be available to hire on each day for £3.

***It is essential that all competitors visit Download, whether or not they have finished their course.***

## Traders and Caterers

Equipment traders: Compass Point on all days.

Food and drinks traders: Hot food and sandwiches will be provided by Loughborough University on day 1. Podium and Tom's British and Continental on days 2 – 4. The landowner of days 2 and 3 assembly area will also be providing food on days 2 and 3. The GB Performance Team will have a cake stall on day 2.

## Merchandise

JK merchandise ordered before 1<sup>st</sup> February can be collected at Enquiries at each day's event. Merchandise can continue to be ordered between 1<sup>st</sup> February and 1<sup>st</sup> April via SiEntries but will have to be posted out after the event.

## Results

These will be:

- On a local Wi-Fi network in the Event Arena so you can view them with your mobile devices.
- Updated online during the event, assuming mobile signal.
- Linked from the JK web site as soon as possible after the event (including routegadget, winsplits, splitsbrowser etc.).
- Results will not be displayed in the event arena.

PreO results will be published on the JK2024 web site after the completion of each event.

## Rules

The event will be run under the relevant rules of IOF for the WRE courses and British Orienteering for the non-WRE courses, including those for eligibility:

- [British Orienteering rules](#)
- [IOF WRE rules \(IOF Rules 2024 V1.11 WRE\)](#)

In accordance with British Orienteering Child Welfare Policy and Procedures, we request that any person wishing to engage in any video, zoom or close-range photography should make themselves aware of British Orienteering policy. Organisers reserve the right to challenge anyone who is giving cause for concern. If anyone has concerns about inappropriate or intrusive photography, they should raise them with the relevant Day Organiser.

## Complaints, Protests and Appeals

As a competitor, if you feel that the Rules are not being followed there is a procedure to follow.

Any complaint should initially be discussed with the Event Organiser, using the standard Complaints/Protests [form](#). When approaching the Organiser or any other event official you should bear in mind that they are volunteers who have given their valuable time to lay on the event, often under circumstances which are not ideal.

If the complaint is not resolved satisfactorily then a protest can be lodged with the Controller who will, if necessary, convene a Jury.

## World Ranking Event Information (WRE)

Most of the necessary information is contained within the day 1 section. Information not covered is as follows:

Event Coordinator: Andy Yeates (WCH)

Web site: The JK 2024 web site can be found at [www.thejk.org.uk](http://www.thejk.org.uk)

Enquiries: Enquiries should be directed to Di Jacks at [dijacks68@gmail.com](mailto:dijacks68@gmail.com).

Embargoed areas: These can be found on the British Orienteering web site at [JK 2024 embargoed areas](#)

Start List: The start list is available at [SiEntries start list](#).

Summary of entries: Day 1 – M21E (TBC), W21E (TBC)

Transport: Transport will not be provided. Please make your own transport arrangements.

Refreshment controls: Day 1- none.

### Day 1 loose descriptions length

Course 1           TBC cm

Course 2           TBC cm

IOF Jury: All members of the IOF jury are British Orienteering (BOF) members. See day 1 details for more information.

## EOD Entry Fees:

Colour Coded (per day): £12 - adult, £5 - junior

SIAC hire (per day you are entering): £3 (free to M/W18 and under)

## Photography

Photographers, Wendy Carlisle, Rob Lines and Alex Welch, will be taking pictures at the event, including in the competition area, and there will be a photos page on the JK2024 website after the event. To avoid photographs of juniors or at-risk adults being published please email the relevant name and entry/bib number to [jkcoordinator2024@gmail.com](mailto:jkcoordinator2024@gmail.com) before the event. Each Day Organiser reserves the right to ask people to refrain from taking photos or video and may, if such warnings are ignored, refer the matter to the police. Photographers should read and comply with section 4.8 of British Orienteering's O Safe Policy. It can be found on the British Orienteering website. If anyone at the event has any concerns about how photographs are being taken, they should inform the Day Organiser, contactable via Enquiries.

Please note: Flying drones will not be allowed due to local restrictions.

## JK Individual and Relay Trophy return

Please take any trophies which have not been returned before the JK weekend to Enquiries on Day 1 (Sprint) Loughborough or Day 2 (Middle) Beaudesert. Any problems with Trophies or their return please email [judith.holtcooke@btinternet.com](mailto:judith.holtcooke@btinternet.com) prior to the event.

## JK Trophies Performance Assessment

Criteria for 2022 and forwards: those who have won all three individual days on the longest course for an age-group (A/L/E - where applicable) will be pooled and then assessed to produce a winner, along with honourable mentions for second and third places. Exceptions to this basic criterion may occur, e.g., voided/cancelled courses/days, an exceptional athlete who forfeits their third win to help an injured competitor, etc. Trophies will be the first awards at the prize-giving on Day 4, The JK Relay Day. Nick Barrable SYO and CompassSport Editor will head the JK Performance Trophy Assessment Panel.

## Sponsorship

It has been a while since there has been sponsorship at the JK. They will be providing some of the prizes at each

prize giving. Their names will be printed on your bib. As such, you MUST NOT fold your bib to obscure the sponsor logos. **Anyone found doing so will not be allowed to compete.**

Day 1 – Altra / Shokz

Day 2/3 – Instinct / Revive

Day 4 – Inov8



## Biathlon Orienteering



Biathlon Orienteering is a combination of orienteering and shooting. It works just like the Biathlon you may have seen on TV, but with orienteering instead of cross-country skiing. You begin with an orienteering course then come to the range, try to get your breathing and heart rate under control, and take 5 shots - with penalties of running loops or time if you miss. You then go and do another orienteering loop return to the range and shoot a further 5 shots. The same type of rifle is used, where five targets at a distance of 50 meters should be hit. Some smaller competitions will use air rifles or electronic/laser

rifles. Targets are, in simple terms, the size of a golf ball for prone, a tennis ball for standing.

The rifle is not carried in a harness on the back but is placed in a rifle rack at the shooting range and is picked following an orienteering loop. Shooting accuracy is important as time penalties are quite severe. They are:

**Classic distance:** two minutes time penalty for each missed target

**Sprint, mass start and relay:** one penalty loop for each missed target.



We will have a demonstration of the sport on days 1-3 at the 2024 JK. Some of you may recall that we did this in 2018 and it was very popular. Our colleagues from the Swedish Multisport Federation have again kindly agreed to come over and do this for us. It will be a simplified set up with laser rifles and a small course/penalty loop, so that

as many of you as possible - juniors and seniors - can have a go. There will be no charge for this so do have a try. It will be in the Assembly field on days 2 and 3 and nearby assembly on day 1.

Anyone who want to know more please feel free to contact Bob Dredge at: [bob\\_dredge@hotmail.com](mailto:bob_dredge@hotmail.com)

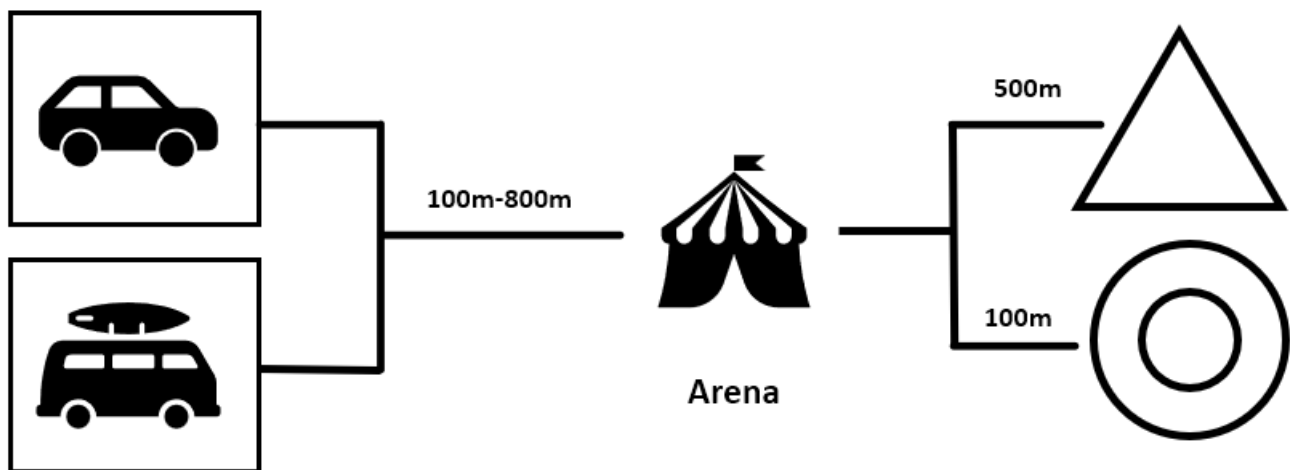
A fuller explanation of the sport is available on the JK website as well.

## **Biathlon Orienteering - your *new* challenge at JK 2024**

## Day 1: Friday 29<sup>th</sup> March – Sprint – Loughborough University

### Important notices

- Although Good Friday, the University Campus is still operational and so there will be regular bus movement around the assembly area and between assembly and the start and finish. However, courses will not cross the roads used by busses.
- There will be other traffic on campus, but most will not affect runners. Please be very careful in the vicinity of the main arena area.
- Numbered bibs **MUST** be worn by all competitors and **MUST NOT** be folded.
- The event administration – Enquiries/Bib Collection and Download is signed from the Car Park.
- Only Club Tents and Banners that are weighted will be allowed. No pegs or stakes to be used.
- Please take any trophies which have not been returned before the JK weekend to enquiries on Day 1 – Sprint – Loughborough or Day 2 – Middle- Beaudesert. Any problems with Trophies or their return please email [judith.holtcooke@btinternet.com](mailto:judith.holtcooke@btinternet.com) prior to the event.



### Travel Directions

**Public Transport:** There is a train station in Loughborough and a regular bus to the campus. Get off at the Computer Studies stop and proceed up the hill to assembly.

**Walking/cycling:** Local people walking to campus should enter via the Ashleigh Drive entrance and follow the tapes to assembly.

**Cars:** Loughborough's nearest motorway link is the M1. The campus is just two miles from Junction 23. The University is clearly signed on all the other main approach roads to Loughborough. Use the postcode LE11 3TT when setting your destination. Use the Epinal Way Entrance.

**Parking.** From the entrance follow the orienteering direction signs. There will be a left turn immediately after entering campus, after that please follow the signs marshals' instructions. We are using multiple parking areas. Parking will be charged, and payment is made via an app or website. Details of the app and charges <https://www.lboro.ac.uk/services/fm/services/traffic-parking/visitors/> The code **Orient03** will give a 50% reduction on charges. There are several options for parking payment, the prebooking one being the best and can be done the day before. Please do not park outside campus on neighbouring roads. Tapes and signs will direct you to assembly.

There will be priority parking for blue badge holders, Elite TrailO competitors and late arriving helpers. More details will be in the next revision of the event details.

### Dogs

Dogs will be permitted on campus in vehicles and close to vehicles in car parks. Assistance dogs allowed anywhere.

## Timings

Please note: Timings are subject to change if deemed necessary.

9.00	Car parks open
9.15	Enquiries and Trophy Return open
11.00	First start time. PreO course opens (see below for PreO starts)
12.30	String Course opens
14.30	Last PreO start,
14.20	Approximate WRE women final finisher
14.50	Approximate WRE men final finisher
15.00	Last Sprint start time, last String Course start
15.30	String course closes
15.45	Target time for prize giving awards and medal Ceremony for all races, including PreO
16.00	Sprint courses close
17.00	Enquiries close

## Event Arena

The event arena is between 100m – 800m from the parking area. The event arena contains first aid. Club tents and club flags are permitted on the grass area **alongside the run-in only if they are self-standing and can be weighted down rather than pegged due to underground services.**

As the Campus is open to the public, please ensure that bags are stored safely whilst out on your run, and ideally have someone there to keep an eye on the bags.

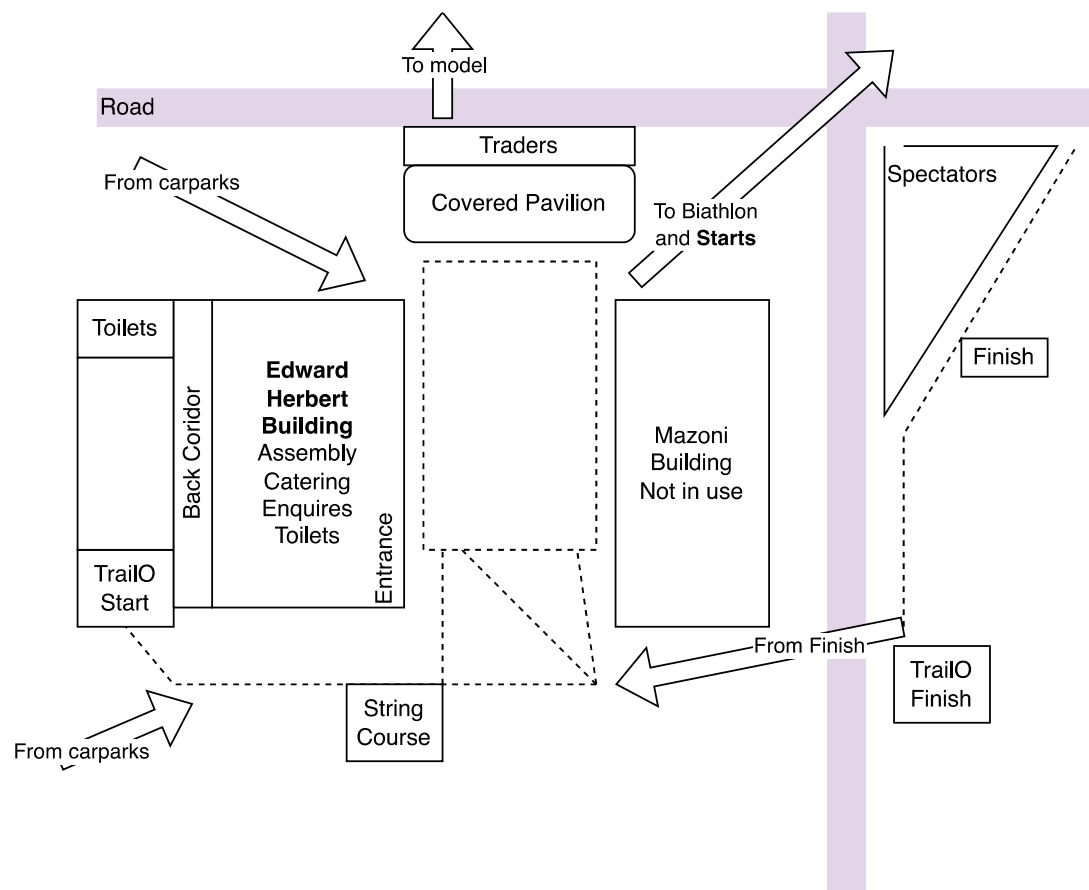
The Edward Herbert Building building, adjacent to the arena, will house all arena facilities. These are all on the ground floor including toilets, bib collection, enquiries, hired SI card collection, trophy return, car key deposit, lost property, complaints and protests, merchandise collection.

Catering will be provided by the University in the main building. Hot food, sandwiches and drinks will be available. Additionally, there is a shop selling sandwiches and drinks. Please remove dirty shoes before entering the building.

British Orienteering Volunteer and Mapping Awards Presentation – this year we are celebrating our volunteer effort alongside our competition winners, as well as the UK Urban League 2023 awards! Please come along and show your support. The ceremony will take place at assembly as soon as possible after 15.45, during the Day 1 Medal ceremonies.



## Arena Layout



Please note within the building there are toilets near to the entrance and in the opposite corner. If the queue is too long at one, then consider exploring the others.

### Warm up and model area

There is a warmup area between the Arena and starts. Please abide by any signed out-of-bounds areas. There will be a model area map for elite runners available from enquiries.

### Map

ISSprOM 2019-2. 1:4000, 2m contour interval. Courses 1 to 5 are 1:4,000. All others are 1:3,000. Survey and cartography by Peter Hornsby for the event. All maps are A4 size and digitally printed on waterproof paper.

### Terrain & Course Notes

The University campus contains a mix of modern and older buildings with a complex criss-cross of roads, paths, open spaces, and steps. Please respect other users, walkers, and cyclists.

### Course Notes

The courses cross roads in the campus, but not the bus route. This should mean a virtually traffic free area. Nevertheless, please be careful crossing the roads as there may still be the vehicles moving on campus.

Controls are mounted on two different types of stakes. Most are on the standard yellow fibreglass type but there are some on trestles.

Forbidden to cross		Competitors are reminded that it is forbidden to cross boundaries and areas mapped as uncrossable.
Uncrossable wall		
Uncrossable fence		
Uncrossable Vegetation -hedge		
Uncrossable water		
Uncrossable marsh		
Private area / flower bed		
Temporary construction		
Out-of-bounds area - marked in terrain, unmarked		There will be some temporary Out-Of-Bounds areas marked on the map. As always, the map takes precedence and anyone found to have been crossing forbidden areas may be disqualified.
Out-of-bounds boundary		

## Warm up area

Warm up area between Arena and starts. Please abide by any signed out-of-bounds areas. There will be a model area map for elite runners available from enquiries.

## Course Details

All subject to final controlling and last-minute changes. All courses are optimum route.

Course	Classes	Controls	Length (km)	Climb (m)	Map Scale	
1	M18E, M20E, M21E	26	4.1	65	1:4,000	Double sided
2	W18E, W20E, W21E	25	3.7	50	1:4,000	Double sided
3	M35, M40, Men Open	24	3.5	50	1:4,000	Double sided
4	M45	22	3.3	50	1:4,000	Double sided
5	M14, M16	21	3.3	45	1:4,000	Double sided
6	M50	21	3.3	45	1:3,000	Double sided
7	M55, W35	19	2.9	45	1:3,000	Single sided
8	W14, W16	18	2.8	45	1:3,000	Single sided
9	M60, Women Open	18	2.9	45	1:3,000	Single sided
10	W40, W45, W50	18	2.6	40	1:3,000	Single sided
11	M65, W55	17	2.4	35	1:3,000	Single sided
12	M70, W60, M12, W12	17	2.3	35	1:3,000	Single sided
13	M75+, W65+	15	2.0	25	1:3,000	Single sided
14	M10, W10, Novice	19	1.8	25	1:3,000	Single sided

## Clothing

Shorts and running vests are permitted for this race. **Shoes with spikes and metal dobs are not allowed.** It can be muddy in places and therefore shoes with some grip would be appropriate.

## Control Descriptions

Control descriptions are printed on the front of the map. Loose control descriptions will be available in the Start Lanes at -3.

## Starts

All starts are about 500m from the Arena. There will be no toilets here. You will see the start as you walk from the Parking. Please observe the out of bounds signs to avoid walking into the event area.

Please have your bib. **No bib, no go.** Please note that day 1 will operate on the 'quiet start' principle as required by IOF for WRE events. We ask that you respect this and always follow the instructions of the start officials.

If you are late for your **call up time**, go immediately to the **Late Start Lane**. If possible, you will be slotted into the correct start box for your start time.

- If the competitor is at the start line less than 30s after their start time, they shall start immediately.
- If the competitor is at the start line more than 30s after their start time, they shall start at the next available 30s interval. They will punch a start box, but you will be timed from your allocated start time.

If you believe that your lateness is not your fault, you complete a complaints form at enquiries for consideration by the organiser.

## Courses 1-2 (WRE/Elite).

Elite competitors will have a strict timed start as this is a WRE event. There is a -5 minute call up. A marshal will

hold your map on the start line. At -5 seconds you can hold the map and at the long beep the map will be released.

### Finish

The Finish is close to assembly. Maps will only be collected from course 1 and 2 competitors and these maps released from Enquiries after the start closes. WRE competitors must not look at any maps in the arena before their run. Please do not show your map to anyone yet to run.

### Download

Download is signed from the finish. From finish back to the assembly via download involves crossing a road.

Results will be uploaded every 2 minutes by SI entries and can be viewed using the university visitor WIFI (details available on the day).

### String Course and Biathlon

These will be close to and signposted from assembly.

### Event Officials

Organisers: Iain Phillips (LEI)

Planner: Steve Edgar and Steve Chafer (LEI)

Controller: Simon Errington (HH)

IOF Advisor: Ronan & Julie Cleary (LOK)

British Orienteering Jury	IOF Jury
tba	tba
tba	tba
tba	tba

### PreO

The PreO start is close to the Assembly Area and signs will indicate the routes to the start. The route is 3-4 minutes for a wheelchair to get to the Trail O start from Assembly and will be about 1 minute for someone who can use stairs.

Start times: 1100am first start. 1430pm final start.

Sprint runners starting their sprint after 1300 should go to the PreO first and can jump the queue. Those starting the sprint before 1300 should be at the PreO start by 90 minutes from their Sprint start time, i.e. 1430 will be final start. The final finisher should be in by 1600, so a final result will be published soon after and a prizegiving ceremony will then take place after the Sprints medal presentations.

Subject to final controlling, the Elite course will have a time limit of 75 minutes (Open class) 85 minutes (P-class). The course is approximately 1Km long and has 20 controls. There will be a penalty of 1 control for every 5 minutes or part of 5 minutes you are late.

To provide separate positions for those competitors who score the same number of correct controls in the PreO, there is a 3-control timed section and 3m long. In this section there will only be A/Z controls. The limit time limit is 60s for Open competitors, and 70s for P-class competitors, with 1 control penalty per 20s late.

Timing will be by SI for both sections, and competitors may use the same card as they are using for FootO or any other.

Results will be calculated by ranking:

- the number of correct controls on main course, after time penalties
- Then, using the score on timed section after time penalties
- Then, using the time on the time on timed section.

The Standard Course has the same start. It will have around 10 controls and a time limit of around 60 minutes and no timed section. All subject to final controlling.

Newcomers to TrailO may wish to use the British Orienteering web site which provides useful guidance on doing TrailO, at <https://www.britishorienteering.org.uk/site/trailo>.

### PreO Officials

Organiser: Graham Urquhart (OD)

Planner: Peter Hornsby (LEI)

Course Checker: Iain Phillips (LEI)

### Hospitals

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Leicester Royal Infirmary, Infirmary Square, Leicester LE1 5WW <u>0300 303 1573</u>	15 miles (35 mins)	Loughborough Urgent Treatment Centre, Hospital Way, Loughborough LE11 5JY 01509 568800	0.5 miles (2 mins)

### Acknowledgements

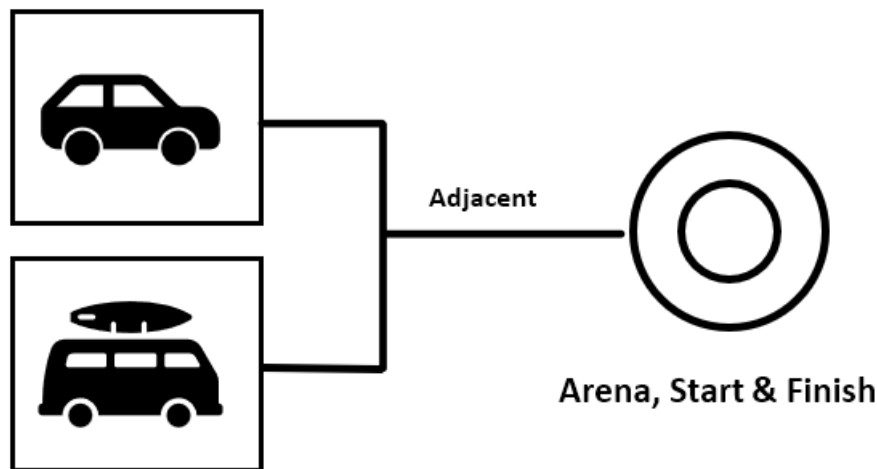
Thanks to the many volunteers from Leicester OC (LEI) and other clubs.

We are grateful to Loughborough University for their help and for allowing us to use the area.

## Day 2: 30<sup>th</sup> March – Middle – Beaudesert

### Important notices

- Numbered bibs **MUST** be worn by all competitors and **MUST NOT** be folded. Remember to bring it with you if you ran in the Sprint Championships the previous day, otherwise, collect your bib from Enquiries.
- Whistles are **MANDATORY** and will be checked at the Start. In the event of bad weather a waterproof jacket will be compulsory, hats and gloves will be advisory.
- Water will be provided at the finish for elite competitors only. Please bring your own supplies.
- Please take rubbish away with you.
- Please take any trophies which have not been returned before the JK weekend to enquiries on Day 1 – Sprint – Loughborough or Day 2 – Middle- Beaudesert. Any problems with Trophies or their return please email [judith.holtcooke@btinternet.com](mailto:judith.holtcooke@btinternet.com) prior to the event.



### Travel Directions and Parking

**Public Transport:** The organisers have looked at recommending attending the event via public transport but recognise that the venue is not served well due to route limitations and reliability issues and therefore recommend that you look at other options such as car sharing.

**Cars:** Parking is adjacent to the assembly area at Beaudesert Park Farm, Horsey Ln, Rugeley WS15 4LN.

The entrance to the site, which everyone must use, is:

What 3 Words: ///flock.everybody.afternoon;

[Google Maps](#);

General Post Code: WS15 4LN.

You must approach from the junction of the A51 with Borough Lane at Longdon. At the junction of Borough Lane with Horsey Lane, turn right. The off-road entrance to the event is approximately 30m on the left. The car park will be operated as entry only until 12:00 and no exit before 13:00. Note that coaches are not permitted in the assembly area.

### Enquiries

The Enquiries point will be in assembly. This will provide for:

- Bib collection
- Colour-coded EOD
- EOD SI card hire
- Trophy return
- Car key deposit
- Lost property

- General enquiries
- Merchandise collection

### **Traders**

Compass Point, Podium, Tom's British and Continental, landowner bbq, BOF Performance squad cake stall

### **Dogs**

Assistance dogs only are allowed on site.

### **Event Arena**

The pre-hired SI card collection is at enquiries.

Complaints and protests must be made at the download point (before 15:30).

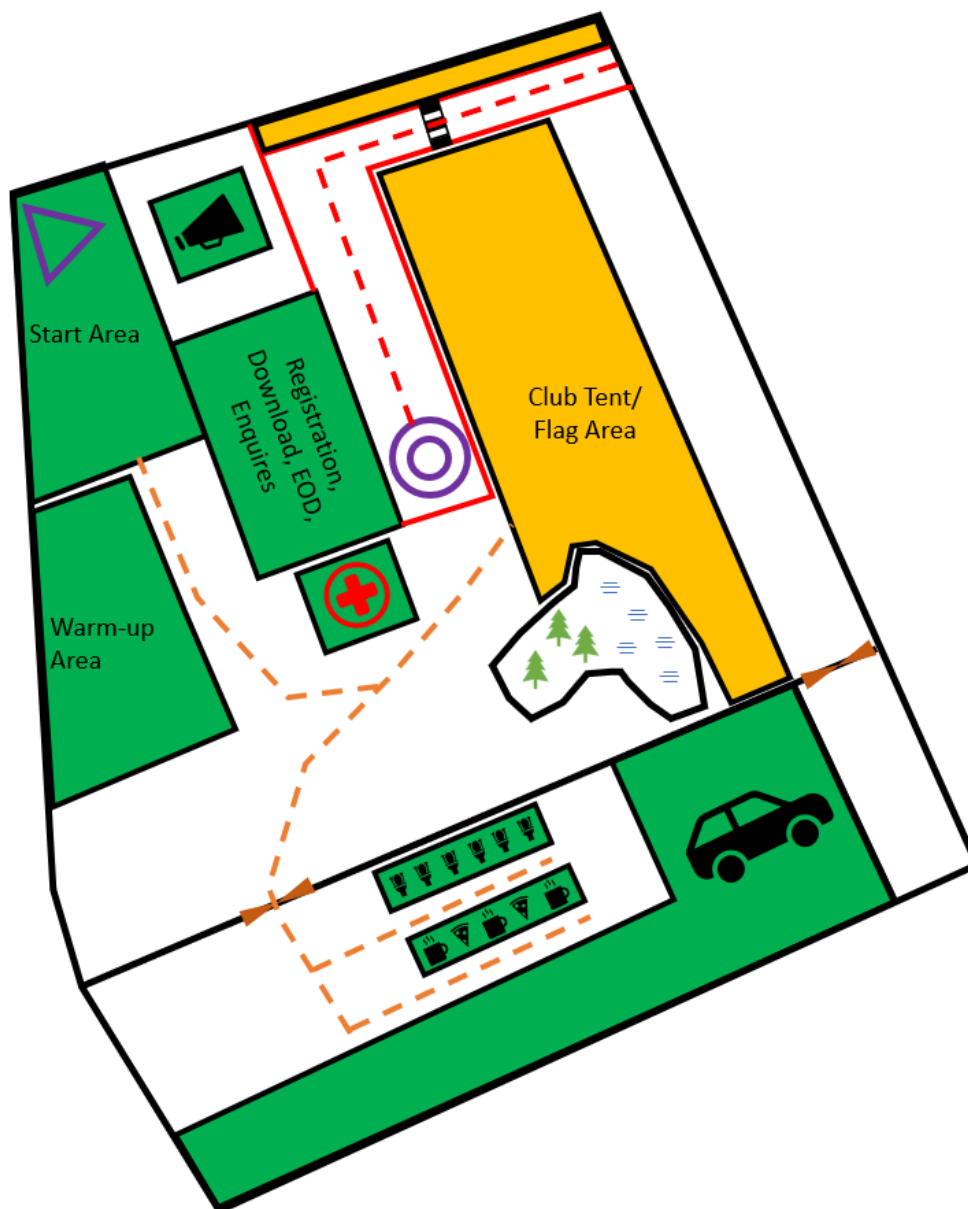
Club tents may be left over night at the owner's risk.

### **Timings**

Please note: Timings are subject to change if deemed necessary.

08:00	Car park opens
09:00	Enquiries and colour coded entries open
10:00	JK Championship starts
13:00	Colour Coded entries close
14:00	Last start
15:30	Courses close

## Arena Layout



### Map

Beaudesert map last updated by Dave Peel in 2023.

### Terrain

- Beaudesert provides a diverse area of largely runnable woodland, with bell pits (deep holes with raised edges) and areas of old mine workings.
- All courses use forestry land, with complex vegetation and an extensive path network with rides and deer paths.
- Bell pits are used as controls on most courses, with the control sited near the lip. Some smaller pits are also used.
- Most adults have a small stream crossing at some point. Certain stream areas are out of bounds due to sensitive ecology and are marked on the maps – please respect the out of bounds.
- Crossable streams should not be stepped in and all marshes should be avoided or crossed with great care.
- Running along public roads is PROHIBITED and will cause disqualification.
- Please be considerate towards local residents and other users of the area.
- Day 2 terrain overlaps Day 3 terrain. Day 3 control-sites are taped, but the dummy numbers on the tapes are totally distinct from Day 3 control-codes. Please do not touch tapes that you may see.

### First Aid

The First Aid will be at Event Arena.

## Safety bearing

North or South to central ponds then East along the forest track.

## Course Details

Subject to final controlling:

Courses 1 and 2, M/W21E, are planned with an expected winning time of 32 minutes.

Course	Distance, Climb Controls	Map Scale	Classes
1	6.0km 210m 21	10,000	M21E1
2	6.0km 210m 21	10,000	M21E2 M35L
3	4.8km 175m 17	10,000	W21E1
4	4.8km 175m 17	10,000	W21E2 M21L M50L
5	3.4km 160m 13	10,000	M20E M18E
6	3.4km 110m 15	10,000	W20E W18E
7	5.2km 145m 20	7,500	M40L M45L
8	4.3km 135m 18	7,500	M55L
9	4.3km 130m 16	7,500	M60L W35L W40L
10	3.5km 160m 17	7,500	M21S W21L W45L
11	3.5km 160m 17	7,500	M65L W50L
12	3.5km 175m 16	7,500	M16A M35S M40S M45S W55L
13	3.4km 160m 17	7,500	M70L M18L M20L M50S W18L W20L W21S
14	3.1km 90m 12	7,500	M75L M55S W60L W35S
15	2.7km 95m 12	7,500	M18S M20S M60S W16A W65L W40S
16	2.5km 90m 13	7,500	M80 M21V M65S W70L W18S W20S W45S W50S
17	2.5km 105m 11	7,500	M70S M75S W75S W21V W55S W60S W65S
18	2.5km 90m 12	7,500	M85 W80 W70S
19	1.8km 75m 9	7,500	M90 W85 W90
20	3.1km 85m 13	7,500	M14A M16B
21	2.4km 65m 11	7,500	W14A W16B LIGHT GREEN
22	2.6km 65m 13	7,500	M12A M14B W12A W14B ORANGE
23	1.8km 60m 11	7,500	M10A M12B W10A W12B YELLOW
24	1.5km 20m 11	7,500	M10B W10B WHITE

## Control circles

The control circles etc. size on the 1:7,500 course will be the same as the 1:10,000 spec. That is 150% of 1@15,000 is to make the courses clearer on the map. This in the BOF mapping appendix D:

2.3.9 When 1:7500 maps are provided, the course overprint symbols, and text can be the same dimensions as for 1:10000 maps (i.e. a 150% enlargement of the ISOM symbols). This improves course clarity but may require changes to control descriptions.



## Clothing and whistles

As per BOF rules you **MUST** wear full leg and body cover. Shorts will not be permitted. The Organisers may require a lightweight hooded waterproof jacket to be worn or carried if the weather is bad – if so, notice will be given in online information and will be displayed at Enquiries.

Strictly No-Whistle, No-Go. Whistles will be checked with Bibs and you will not be allowed to start without both – so please don't forget.

## Control descriptions

Control descriptions are printed on the front of the map. Loose control descriptions will be available in the Start Lanes.

## Starts

The start will be in the arena. JK championship competitors will have a pre-allocated timed (non-punching) start. The call up clock will be at -5 min. Loose control descriptions will be in the -3 min box.

Colour-coded entry on the day will have punching starts. These should go to the Late Start lane.

If you are late for your **call up time**, go immediately to the Late Start Lane. If you are not late for your **start time**, you will be slotted into the correct start box for your start time. If you are late for your start time, the following procedure will apply: In an interval start, if the competitor is at the start line less than half the start interval after their start time, they shall start immediately. In an interval start, if the competitor is at the start line more than half the start interval after their start time, they shall start at the next available half start interval. You will punch a start box, but you will be timed from your allocated start time. If you believe that your lateness is not your fault, you must talk to the Organiser after you have finished. For the purposes of late starts, the start interval for all competitors is 1 minute.

## Finish

The finish will be in the arena.

## Colour coded courses

The following non-championship courses will be offered: White, Yellow, Orange and Light Green. You can choose any course you like irrespective of age and gender. They are available for entry on the day subject to availability of maps.

## String Course

To be confirmed in later programmes.

## Officials

Organisers: Kristian Roberts (WCH)

Planner: Ray Collins (WCH)

Controller: Mike Chopping (RAFO/NOR)

British Orienteering Jury
tba
tba
tba

## Hospitals

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Queens Hospital Belvedere Rd Burton-on-Trent DE13 0RB 01283566333	19 miles (35 mins)	Samuel Johnson Hospital A5127 Trent Valley Rd Lichfield WS13 6EF 01543 412900	6.5 miles (15 mins)

County Hospital Weston Rd, Stafford  ST16 3SA 01785 257731	15 miles  (30 mins)		
---	---------------------------	--	--

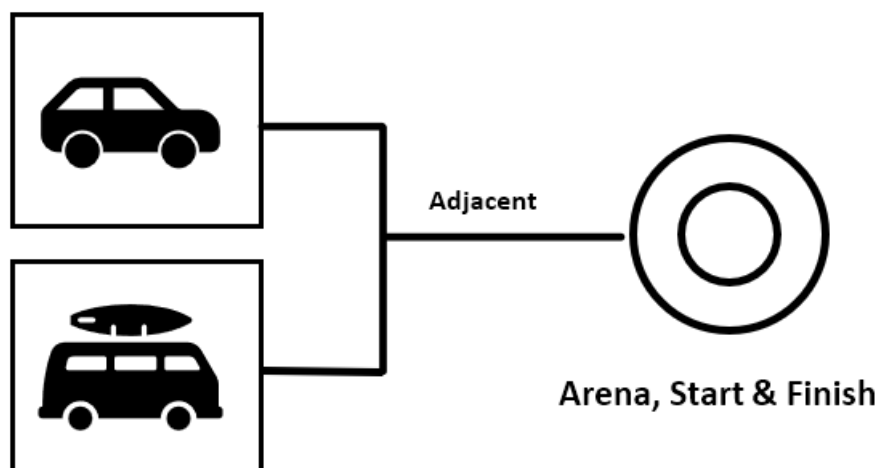
### **Acknowledgements**

Thanks to the landowners for the use of their farm and to the volunteers from Walton Chasers (WCH), Wrekin (WRE) and other clubs without whom this event could not have taken place.

## Day 3: Sunday 31<sup>st</sup> March – Long – Beaudesert

### Important notices

- Very limited rubbish collection facilities (bin bags, etc.). Please take rubbish away with you.
- Numbered bibs **MUST** be worn by all competitors and **MUST NOT** be folded. Remember to bring it with you if you ran in the Sprint Race or the Middle Race, otherwise, collect your bib from enquires.
- Whistles are **MANDATORY** and will be checked at the Start. Full leg and body cover is also **MANDATORY**.
- **Remember: Clocks go FORWARD 1 hour!**



### Travel Directions and Parking

**Public Transport:** The organisers have looked at recommending attending the event via public transport but recognise that the venue is not served well due to route limitations and reliability issues and therefore recommend that you look at other options such as car sharing.

**Cars:** Parking is adjacent to the assembly area at Beaudesert Park Farm, Horsey Ln, Rugeley WS15 4LN.

The entrance to the site, which everyone must use, is:

What 3 Words: ///flock.everybody.afternoon;

[Google Maps](#);

General Post Code: WS15 4LN.

You must approach from the junction of the A51 with Borough Lane at Longdon. At the junction of Borough Lane with Horsey Lane, turn right. The off-road entrance to the event is approximately 30m on the left. Note that the car park will be operated as entry only until 12:00 and no exit before 13:00.

### Traders

Compass Point, Podium, Tom's British and Continental, Landowner bbq

### Dogs

Assistance dogs only are allowed on site.

### Event Arena

The pre-hired SI card collection is at enquiries.

Complaints and protests must be made at the download point (before 15:30).

Club tents may be left over night at the owner's risk.

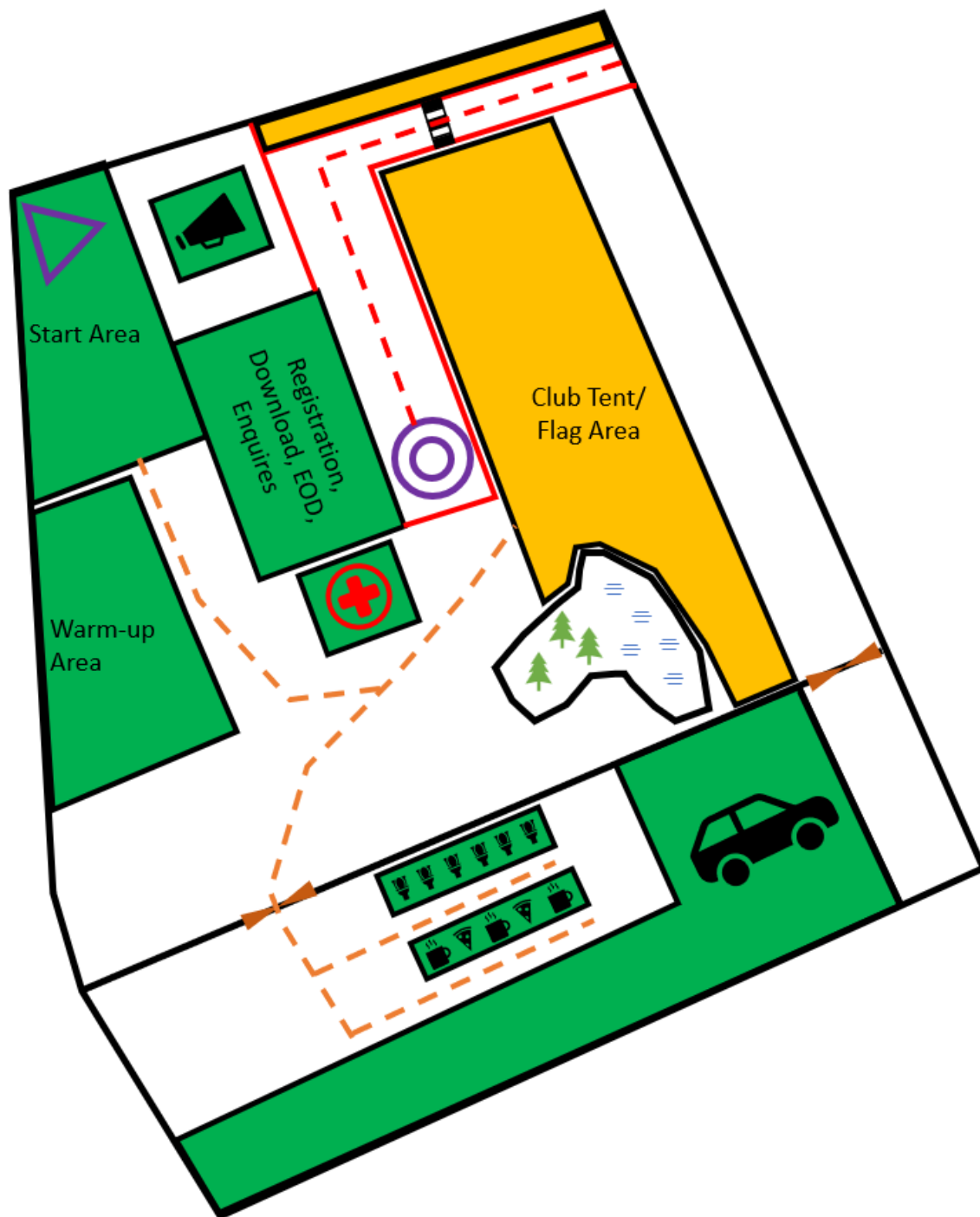
### Timings

Please note: Timings are subject to change if deemed necessary.

08:00	Car park opens
09:00	Enquiries and colour coded entries open

10:00	JK Championship starts
12:00	Last entry to Car Park
13:00	Colour Coded entries close, First exit from Car Park
14:00	Last start
15:30	Courses close. UKOL Prizegiving and Prizegiving for days 2/3 combined as soon as possible

## Arena Layout



### Club tents

Permitted in the assembly area.

### Map

Beaudebert map last updated by Dave Peel in 2023.

## Terrain

- Beaudesert provides a diverse area of largely runnable woodland, with bell pits (deep holes with raised edges) and areas of old mine workings.
- All courses use forestry land, with complex vegetation and an extensive path network with rides and deer paths.
- Bell pits are used as controls on most courses, with the control sited near the lip. Some smaller pits are also used.
- Most adults have a small stream crossing at some point. Certain stream areas are out of bounds due to sensitive ecology and are marked on the maps – please respect the out of bounds.
- Crossable streams should not be stepped in and all marshes should be avoided or crossed with great care.
- Running along public roads is PROHIBITED and will cause disqualification.
- Please be considerate towards local residents and other users of the area.

**Safety bearing:** North or South to central ponds then East along the forest track.

## Course Details

All courses are subject to final controlling.

Course	Length, Climb and number of controls	Map Scale	Classes
1	15.8km 480m 28	10,000	M21E1
2	15.8km 480m 28	10,000	M21E2
3	13.0km 390m 24	10,000	W21E1
4	13.0km 390m 24	10,000	W21E2 M21L
5	11.4km 360m 24	10,000	M18E M20E
6	10.6km 390m 20	10,000	M35L M40L W21L
7	9.3km 345m 18	10,000	M45L M50L
8	8.2km 320m 15	10,000	W18E W20E
9	8.6km 315m 15	10,000	M55L M20L W35L W40L
10	8.0km 275m 19	10,000	M60L M21S
11	7.7km 195m 16	10,000	M16A M18L M20S M35S M40S W45L
12	6.9km 225m 15	7,500	M65L W50L
13	6.2km 185m 13	10,000	M18S M45S M50S W55L W20L W21S
14	6.2km 210m 13	7,500	M70L W60L
15	6.0km 180m 12	10,000	M21V M55S M60S W16A W18L W20S W35S W40S
16	5.2km 180m 14	7,500	M75L W65L W18S W45S W50S
17	4.2km 130m 8	7,500	M80 M65S M70S W70L W21V W55S W60S
18	3.5km 145m 9	7,500	M85 M75S W75 W80 W65S W70S
19	2.1km 55m 10	7,500	M90 W85 W90
20	5.3km 130m 12	10,000	M14A M16B
21	4.3km 125m 12	10,000	W14A W16B LIGHT GREEN
22	2.9km 75m 9	7,500	M12A M14B W12A W14B ORANGE

23	1.9km 50m 10	7,500	M10A M12B W10A W12B YELLOW
24	1.5km 45m 10	7,500	M10B W10B

### Control circles

The control circles etc. size on the 1:7,500 course will be the same as the 1:10,000 spec. That is 150% of 1@15,000 is to make the courses clearer on the map. This in the BOF mapping appendix D:

2.3.9 When 1:7500 maps are provided, the course overprint symbols, and text can be the same dimensions as for 1:10000 maps (i.e. a 150% enlargement of the ISOM symbols). This improves course clarity but may require changes to control descriptions.

### Clothing and whistles

As per BOF rules you **MUST** wear full leg and body cover. Shorts will not be permitted. The Organisers may require a lightweight hooded waterproof jacket to be worn or carried if the weather is bad – if so, notice will be given in online information and will be displayed at Enquiries.

Strictly No-Whistle, No-Go. Whistles will be checked, with Bibs, and you will not be allowed to start without both – so please don't forget.

### Warm up and Out of Bounds

To be confirmed in later programmes

### Control descriptions

Control descriptions are printed on the front of the map. Loose control descriptions will be available in the Start Lanes.

### Start

The start will be in the arena. JK championship competitors will have a pre-allocated timed (non-punching) start. The call up clock will be at -5 min. Loose control descriptions will be in the -3 min box. Colour-coded competitors have punching starts. These should go to the Late Start lane.

If you are late for your **call up time**, go immediately to the Late Start Lane. If you are not late for your **start time**, you will be slotted into the correct start box for your start time. If you are late for your start time, the following procedure will apply: In an interval start, if the competitor is at the start line less than half the start interval after their start time, they shall start immediately. In an interval start, if the competitor is at the start line more than half the start interval after their start time, they shall start at the next available half start interval. You will punch a start box, but you will be timed from your allocated start time. If you believe that your lateness is not your fault, you must talk to the Organiser after you have finished. For the purposes of late starts, the start interval for all competitors is 1 minute.

### Finish

The finish is in the arena.

### String Course

To be confirmed in later programmes.

### Colour coded courses

The following non-championship courses will be offered: White, Yellow, Orange and Light Green. You can choose any course you like irrespective of age and gender. They are available for entry on the day subject to availability of maps. Enter on the day is in the large marquee.

### Event Officials

Organiser: Kristian Roberts (WCH)

Planner: Ray Collins (WCH)

Controller: Mike Chopping (RAFO/NOR)

<b>British Orienteering Jury</b>
tba
tba
tba

## Hospitals

<b>Journey for serious injury</b>	<b>Miles (min)</b>	<b>Journey for minor injury</b>	<b>Miles (min)</b>
Queens Hospital Belvedere Rd Burton-on-Trent DE13 0RB 01283566333	19 miles (35 mins)	Samuel Johnson Hospital A5127 Trent Valley Rd Lichfield WS13 6EF  01543 412900	6.5 miles (15 mins)
County Hospital Weston Rd, Stafford ST16 3SA 01785 257731	15 miles (30 mins)		

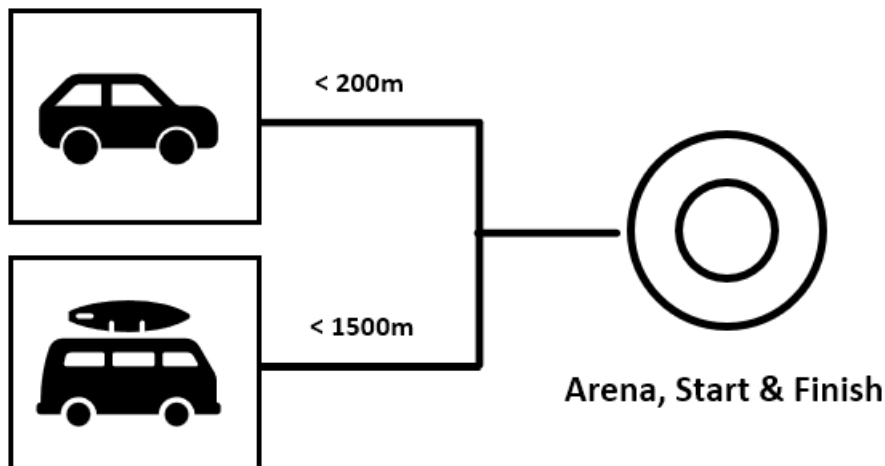
## Acknowledgements

Thanks to the landowners for the use of their farm and to the volunteers of Potteries (POTOC), Lincoln (LOG), Nottinghamshire Orienteering Club (NOC) and other clubs without whom this event could not have taken place.

## Day 4: Monday 1<sup>st</sup> April – Relays – Stanton Moor

### Important notices

- Team bags with bibs will be available today only from 08:15 at Enquiries and should be collected by a Club Captain.
- Team bibs MUST be worn by all competitors and MUST NOT be folded.
- Whistles are MANDATORY and will be checked with SI check. Full leg and torso cover is also MANDATORY.



### Travel Directions

**Public Transport:** The organisers have looked at recommending attending the event via public transport but recognise that the venue is not served well due to route limitations and reliability issues and therefore recommend that you look at other options such as car sharing.

#### CARS:

Parking field entrance: What3Words: <https://w3w.co/absent.housework.kilts>

Google maps: [Parking field location](#)

Nearest postcode: DE4 2BN

Grid Reference: SK 241629 (Andle Stone field on OS 1:25000 map)

**From the North,** leave the A6 2km West of Rowsley and follow the B5056 a further 3km, and turn left up the hill to Birchover. Proceed SLOWLY through the village and follow orienteering signs.

**From the South,** leave the A6 at Cromford, and after 150m turn right onto the B5012 'Via Gelia'. Follow this for 7km, then turn right onto the B5056 at Grangemill. After 5km, turn sharp right into Birchover. Please drive slowly through the village. The parking field is 1.5km north of the village, on the left.

**Please DO NOT arrive via Stanton in Peak.**

Please follow the instructions of the parking marshals. The car park opens at 08:00 and entry closes at 11:00. A one-way system will be in operation, and traffic will only be allowed to exit from 11:15. Assembly is directly across Birchover Road. Please exit via the taped side of the gate.

#### CAMPER VANS:

Quarry road entrance: What3Words: <https://w3w.co/vowed.unfair.rounds>

Google maps: [Parking entrance location](#)

Nearest postcode: DE4 2LS

Grid Reference: SK 246641

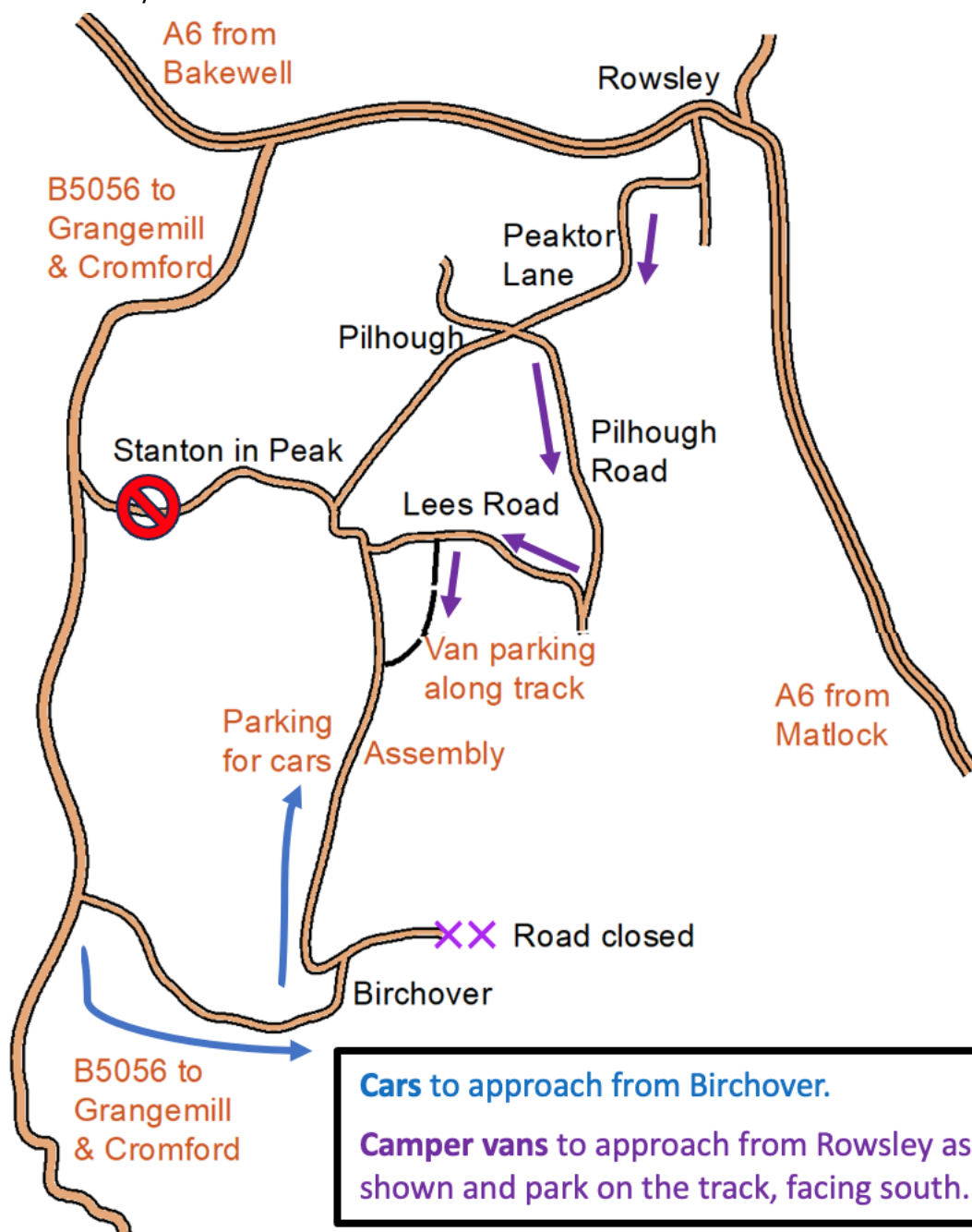


All vans are being directed from Rowsley through Pilhough to avoid the village of Stanton in Peak. The roads are narrow but there are passing places. Very large motorhomes should park in the Agricultural Centre in Bakewell (DE45 1AH) and travel with clubmates. Pay and display parking is £6 for the day.

**It is not possible for vans to stop and drop off club tents, so these should be brought by car.**

Turn off the A6 at Rowsley (opposite the Peacock Inn) onto Woodhouse Lane. After 200m, turn right onto Peaktor Lane. Ignore a left turn and continue uphill to the staggered crossroads at Pilhough. Turn left onto Pilhough Road and follow this for 1.2km, turn sharp right onto Lees Road. Continue up Lees Road a further 800m and turn left onto the quarry road. Please continue to the marshal and park in single file.

Having parked, please follow the track downhill to the junction with Birchover Road. Turn left and follow the road 1km to Assembly.



### Traders

Compass Point, Podium, Tom's British and Continental in the parking field as space is limited in the assembly field.

### Dogs

Dogs are permitted in Assembly on leads.

## Timings

Please note: Timings are subject to change, so please listen for announcements.

08:00	Car parking open
08:15	Registration opens for Team Bag collection and “last minute” team changes. (May be earlier if we are ready)
09:00	General Enquiries opens.
09:30	Deadline for “last minute” team changes.
09:45	First call-up
10:00	First starts for first lap. String course opens.
11:00	Last starts for first leg runners
12:30	Mini mass start call up. (Arrangements subject to change; listen for announcements.) Maps can be reclaimed.
13.00	Prizegiving. String course closes.
14:15	Courses close. Controls removed progressively from 14:00
14:00	Enquiries closes

## Relay Team Declaration

The deadline for the on-line team declaration and updates by Club Captains is 20:00 Sunday 31 March.

Points to note,

1. If your team is now non-competitive (NC), please declare it. NC teams are welcome to compete but are not eligible for prizes. Neighbouring club alliances for junior classes: <https://www.thejk.org.uk/index.php?pg=445>
2. Course P: the Ad Hoc Relay is gaffled and runs in a fixed order - Lap 1 Long, Lap 2 Short and Lap 3 Medium.

## Last Minute changes

We do understand that last minute changes happen. You will be able to make these on the Day at Relay Registration. The historical level of “last minute” changes is between 14-28% and we beg all Team Captains to get all your changes to our small team as early as possible. At the desk, most changes: for Team members, SI cards, Team order, competitive status by completing a change form.

## Team Bag collection

Team captains may only collect their Team bags with bibs on Day 4 from 08:15 at Enquiries. Spare declaration forms will be available for changes to team members, running order or Relay class.

A single representative from each club should report to Registration to collect their **CLUB** bag.

Notes:

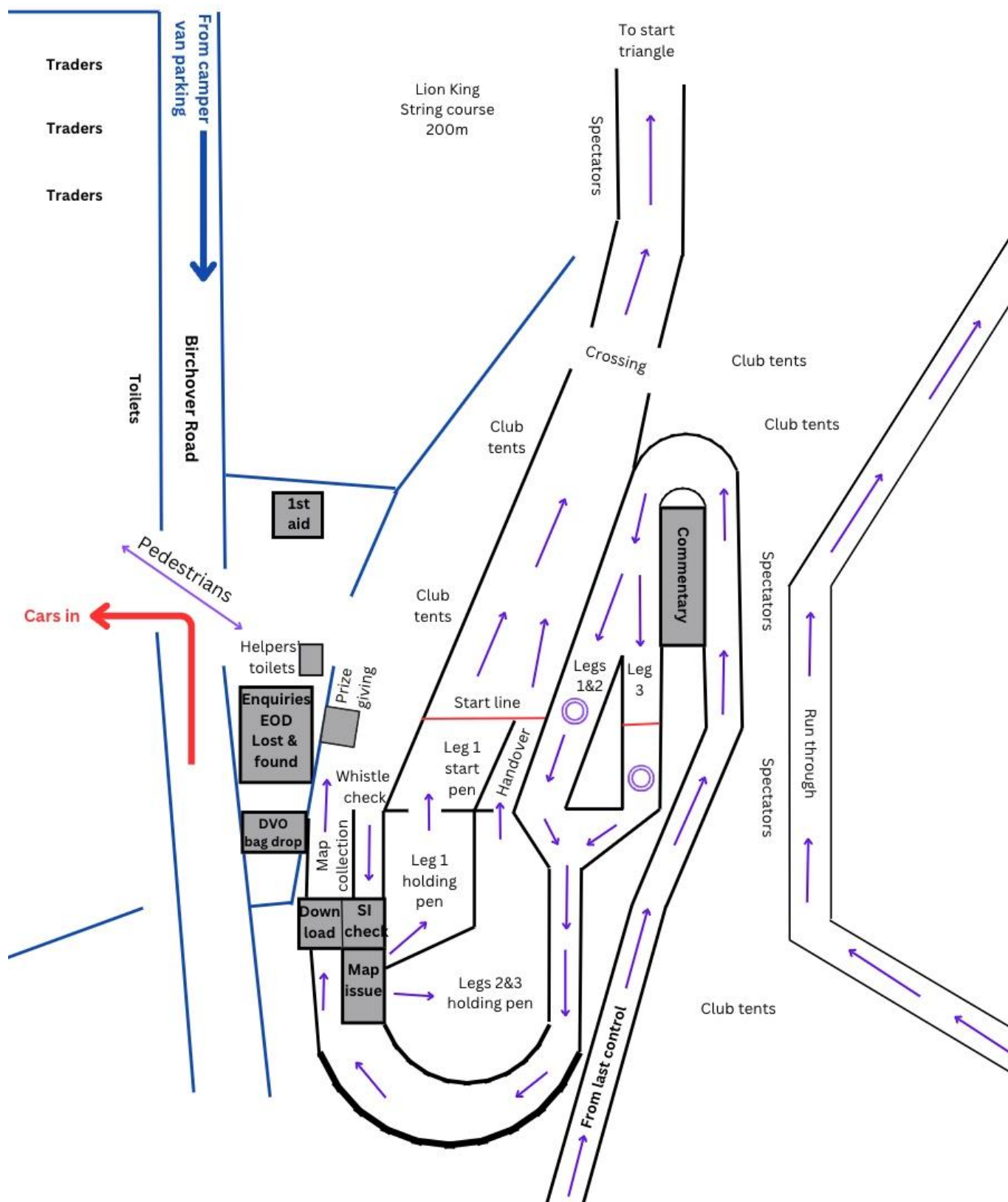
- (1) Runners on Leg 1 will have red bibs, Leg 2 white bibs and Leg 3 blue bibs.
- (2) Some clubs may have more than one bag (labelled 1 of 2)
- (3) The club bags include all Ad hoc entries
- (4) The small number of Ad Hoc entries not associated with a club are labelled with a name.

An official will record collection. (We would suggest that you check the contents match the listing before departing)

## Very limited EOD

EOD for Class P (Ad hoc) only, including non-competitive/ scratch teams. The entry fee is £75, payable by cash or card. **Please enter Class P online in the usual way; entry on Relay Day will be very limited.**

## Arena layout



## Club tents

There is room for club tents along the western fence of the run-out and to the east of the run-in from the last control. Spectators may stand between the Finish and the run-through.

## Map

Scale 1:7,500, with 5m contours. Remapped in 2023 by Peel Land Surveys.

The previous map can be seen [here](#).

## Safety Bearing

The safety bearing is West to Birchover Road.

## Control Descriptions

Control descriptions are printed on the front of the maps; all courses use IOF pictorial symbols, including those for the Mini Relay. The Mini and Junior Relays also have text. There are no loose control descriptions.

## Terrain & Course Notes

Open heather moorland in the south, with lovely views. To the northwest, birch woodland with intricate former quarry workings. The map includes the Nine Ladies Stone Circle, the Cork Stone, Earl Grey's Reform Tower, and various Bronze Age cairns/dwellings. The area was used for the British Middle Distance Championships in 2013 and the East Midlands Championships in March 2022.

Longer courses will visit the steep slope on the eastern edge of the map, and the barbed wire fence must only be crossed at marked crossing points. **Anyone crossing a fence other than at a crossing point will be disqualified.**

## Clothing

You MUST wear full leg and body cover. Deer and sheep are present on the moor, with subsequent risk of [Lyme disease](#) carried by ticks. Showering promptly on returning home will dislodge loose ticks, as well as being a good opportunity to check for those that are attached.

## Safety

1. Whistles are mandatory and will be checked at the entrance to Map Issue.
2. There are high crags in the area, particularly in the NW. It is impractical to tape these, please take care.
3. The area is exposed, and waterproof jackets may be mandatory in the event of severe weather.
4. The Arena and competition area is on sheep pasture, please wash your hands before eating to prevent spread of E.coli and other disease.
5. The emergency number on the map, although a landline, is call-diverted to the mobile of the Event Safety Team, in the first instance Ranald Macdonald, DVO.

## Other users of the area

The area is popular with hikers, dog walkers, and sometimes illegal campers; please be polite.

## Course Details

(Lengths and climb are approximate because of the gaffling)

Class	Approx. length / climb / controls			Map Scale	Map size	Spectator run-through
	Lap 1	Lap 2	Lap 3			
A JK Trophy	5.6k 280m 16c	4.7k 230m 13c	5.6k 280m 16c	1:7500	A4	Yes
B JK Women's Trophy	4.7k 230m 14c	4.1k 170m 12c	4.7k 230m 14c	1:7500	A4	Yes

<b>C Men's Short</b>	4.3k 190m 13c	3.3k 120m 10c	4.3k 190m 13c	1:7500	A4	Yes
<b>D Women's Short</b>	3.3k 135m 12c	2.8k 115m 11c	3.3k 135m 12c	1:7500	A4	Yes
<b>E Senior Men (M120+)</b>	5.6k 280m 16c	4.7k 230m 13c	5.6k 280m 16c	1:7500	A4	Yes
<b>F Senior Women (W120+)</b>	4.3k 190m 13c	3.3k 120m 10c	4.3k 190m 13c	1:7500	A4	Yes
<b>G Veteran Men (M165+)</b>	4.7k 230m 14c	4.1k 170m 12c	4.7k 230m 14c	1:7500	A4	Yes
<b>H Veteran Women (W165+)</b>	3.3k 135mm 12c	2.8k 115m 11c	3.3k 135m 12c	1:7500	A4	Yes
<b>J Ultra-Veterans (M/W 210+)</b>	3.3k 135m 12c	2.8k 115m 11c	3.3k 135m 12c	1:7500	A4	Yes
<b>K Intermediate Men (M48-)</b>	Green 4.0k 155m 12c	Orange 2.6k 65m 10c	Green 4.0k 155m 12c	1:7500	A4	Yes
<b>L Intermediate Women (W48-)</b>	Green 3.4k 130m 11c	Orange 2.6k 65m 10c	Green 3.4k 130m 11c	1:7500	A4	Yes
<b>M Junior Relay (M/W 40-)</b>	Orange 2.6k 65m 10c	Yellow 1.9k 45m 10c	Orange 2.6k 65m 10c	1:7500	A4	Yes/No/Yes
<b>N Mini Relay</b>	Yellow 1.9k 40m 9-10c	Yellow 1.9k 40m 9-10c	Yellow 1.9k 40m 9-10c	1:7500	A4	No
<b>P Mixed Ad Hoc</b>	Green 4.2k 170m 15c	Orange 2.6k 65m 10c	Green 3.2k 140m 12c	1:7500	A4	Yes

Orange courses are TD3 and Yellow TD2, the remainder are the highest TD of the area, up to TD5. Shadowing is not allowed on any course.

Note that **P Mixed Ad Hoc** (Lap 1 Long, Lap 2 Short, Lap 3 Medium) is being run in this fixed order.

## Start Schedule

Start and call up times are listed in the course table below.

Class	Team numbers	Call-up	Start
A JK Trophy	1+	09:45	10:00
E Senior Men (M120+)	2001+		
B JK Women's Trophy	101+	09:55	10:10
G Veteran Men (M165+)	3001+		
N Mini Relay	7001+	10:05	10:20
M Junior Relay (M/W40–)	6001+	10:15	10:30
P Mixed Ad Hoc	8001+	10:25	10:40
C Men's Short	1001+	10:35	10:50
F Senior Women (W120+)	2501+		
K Intermediate Men (M48–)	5001+		
D Women's Short	1501+	10:45	11:00
H Veteran Women (W165+)	3501+		
J Ultra-Veterans (M/W210+)	4001+		
L Intermediate Women (W48–)	5501+		

## Start Process

If you are concerned about your SIAC battery level, you can check it before entering the Event Arena at the Enquiries tent. If your battery is low you can hire a new dibber for the day, or punch manually at all controls and the Finish.

On entering the map issue area, you will need to dib the **SI Punch Entry Check box**. This will confirm that you are a registered team member and that you have the dibber number assigned to your bib number. If you have the wrong SI number, you will need to go to the problem desk in the map issue area.

Maps will be issued by Leg – please join the correct queue for your leg and have your bib number clearly visible.

When you get your sealed map, you must check that the leg and team number visible on the back of the sealed map corresponds with your leg and team number. We will do our best to get this right, but it is your responsibility to make sure that we have. Any problems will be dealt with by the problem desk, not the map issue team.

There will be a further bib/map check at the start/changeover line. If the map or map seal has been tampered with your team may be disqualified.

For Leg 1 competitors only, there is a secondary Start pen. Your class will be called forward 5 minutes before your timed start and your bib/map checked. The Start marshal will verbally count down to your class mass start time (see table for call-up time and mass start time for your class). There will be no time display clock.

After starting, you must follow the taped route all the way to the start kite.

## Leg 1 Mass Starts

Courses are planned with the mass start in the Arena. The run-out to the Start triangle is approximately 200m.

## Mini Mass Starts

A mini mass start for Lap 2 & 3 runners who have not yet started will be held, with a call up at 12:30. An earlier and additional mass start may be considered (e.g. in bad weather). The Mini Relay will have an earlier mini mass start if one is needed. Teams will remain competitive.

## Spectator control

There is a run-through along the eastern side of the Arena, for all courses except the Mini Relay and Leg 2 on the Junior Relay. Spectators are encouraged to cheer their teammates along the run-through, which is approximately 800m before the Finish. They will have a good view of the run-in to the changeover and Finish controls.

## Changeover and Finish

Laps 1 & 2 fork right to changeover, lap 3 goes straight ahead to the Finish.

When Lap 2 & 3 runners see their incoming team runner, or hear the commentary announcing their imminent arrival, proceed to the changeover line. A marshal will check your map seal, which must not have been tampered with. It is the competitor's responsibility to be at the changeover line in time. Changeover is by physical contact between the incoming and outgoing runner.

Lap 1 & 2 runners must punch the finish (2 boxes available, SIAC enabled) and then go to the changeover line, before proceeding to Download. Do not block any following runner's path.

Lap 2 & 3 runners must only open their map after physical changeover has occurred.

Lap 3 Runners. The finish line will be marked clearly on the ground. This is the point where the last legs finish.

Once you have finished you must keep in the order in which you finished and punch (this box is NOT contactless) the finish box which will be just beyond the finish line. Please do not collapse in a heap until you have punched the finish box. Better still, do this after you have downloaded.

## Map Collection

Maps will be collected from all finishers up to 12:20, when club map bags will be released.

## Results

Results will not be displayed in the arena but should be available on your phone.

## String Course

There will be a Lion King themed String course to the north of the arena between 10:00 and 13.00. Come and take on the String course challenge, this uses SI timing and we are able to lend you an SI card if you don't have one.

## Prize giving

Targeted for 13:00 or earlier if possible. Many will not have finished, please do not be concerned by this – it's early to accommodate those with long journeys.

## Hospitals

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Chesterfield Royal Hospital, Chesterfield Rd, Calow, Chesterfield S44 5BL	13 miles (30 mins)	Whitworth Hospital, 330 Bakewell Rd, Matlock DE4 2JD	6 miles (15 mins)

## Event Officials

Organiser: Sal Chaffey (DVO)  
Assistant Organiser: Viv Macdonald (DVO)  
Planner: John Duckworth (DVO)  
Controller: Simon Thompson (HOC)

British Orienteering Jury
tba
tba
tba

## Acknowledgements

We are grateful to the volunteers from Derwent Valley (DVO) the many volunteers who have contributed to this event. Without your efforts there would be no sport.

Special thanks to Stanton Estates for allowing us to run on the Moor, also to the farmer Mr Henry Holland for the use of the parking field.

Part of this event takes place on land cared for by the National Trust. We ask that you consider donating to them at: <https://www.nationaltrust.org.uk/support-us/donate> citing the Peak District as your favourite place, and helping the National Trust care for trails and footpaths we used.