

Day 1: Friday 19th April – TempO – Aldershot Garrison

Important Notices

- Everyone entering the competition area must wear a JK 2019 race bib, obtained (except for Para competitors and their Helpers) from Sprint Enquiries.
- St Omer Village is part of an active Army Garrison and is home to many soldiers. Please do not:
 - touch or climb on any military equipment that you may come across.
 - enter any buildings, except the Event Centre (The Bell Inn) and retail outlet.
 - re-enter the FootO or TrailO competition area after your competition.
- Special permission is required to take photographs in the competition area which is inside a military boundary fence. Please contact the JK coordinator (jkcoordinator@britishorienteering.org.uk).

Travel Directions

See Sprint instructions. The same car park (Lat/Long: 51.265273, -0.755554) will be used, except for mobility-impaired competitors who will be sent separate instructions by email.

Event Centre

The TempO Event Centre is 500m on foot from the Sprint Arena (see Sprint instructions for arena layout diagram; the route to TempO is to the SE). The route will be signed and taped – do not diverge from it, especially having crossed the canal. Competitors with the correct bibs will be allowed to enter Mons Barracks after 1145 hrs through the main entrance (FootO competitors passing in the other direction). The event Centre is in ‘The Bell Inn’ (soldiers’ club, no sales during competition!), with toilets, limited changing space, registration and results. Report here first for confirmed instructions and to collect your Control Card.

Bibs

All TrailO competitors require a JK19 number bib to be allowed to enter Montgomery Barracks. For pre-entries, these are obtained from clear pouches strung up near Sprint Enquiries. Para competitors instructed to park closer to the TrailO Event Centre will be issued their bibs on arrival.

Entry on Day (EoD) and Enquiries

Entry on Day (and for PreO on Day 2) will be possible through Sprint Enquiries, who will cover general enquiries and assistance. Specific TempO / TrailO competition enquiries will be answered at the TempO Event Centre.

Map

ISSOM 1:3,000 with 2.5 m contours. 6mm diameter control circles have been retained.

Based on the original British Sprint Championships 2015 map by Hugh Drummond (BAOC), updated in 2018/19 for TrailO by Charles Bromley Gardner (BAOC). The previous map is on: <https://www.baoc.routegadget.co.uk/rg2/#107>

The Sprint mapping symbol interpretations (see above) are also relevant, particularly for bicycle sheds and spiral fire escapes. Vegetation has been mapped for visibility, not runnability: in particular Olive Green (ISSOM 528.1) has not been used for flower beds, replaced by ISSOM 408 (green 60%, difficult to run) where flora is below 60cm high, and ISSOM 410 (green 100%, very difficult to run) where vegetation obstructs the view of a seated person. Prominent large trees (ISSOM 418) are those with a circumference greater than 2m (so I couldn’t hug it fully!) and all individual small trees and bushes are shown with ISSOM 419.

There is one other relevant Special Symbol, not used as any control: boot washing stations (an example is passed by all en route to Event Centre and then again towards the Start) are depicted by a variation of ISSOM 419 (small tree) coloured blue with a 0.07mm black circumference (otherwise confused as a fish-pond?!):



Terrain

St Omer 'Village' is mainly an accommodation area, consisting of similar buildings interlinked by pathways through grassed areas with slowly maturing parkland flora.

Start Times

The TempO start will be open from 12:30 until hopefully no later than 17:30! It will be **based on** a queuing start, **but using the ORingen Open Start system: select your approximate start time in the TempO Event Centre from a board of timed stickers and queue in that order.** Due to the huge response (150 entrants and counting), you should be prepared to wait, particularly at busy times (expected to be 15:30 to 17:00). Start times will only be pre-allocated for the 34 entrants who have not entered the Sprint; these will be between 12:30 and 14:00 (address any expected difficulties due to travel arrangements to jkenquiries@britishorienteering.org.uk). Entrants can compete before or after their Sprint race as there is no conflict of areas. Those wishing to complete the TrailO before their Sprint can start from 12:30, amongst those pre-allocated.

Courses

There are two courses, both with Open and Junior Classes, using the same Stations. The course length is 1000 m, with 10 m of ascent. There will be seven Stations, each showing six O flags.

Elite (E): 4 Tasks per Station = total of 28. The Zero Tolerance (distance between the correct position and the closest flag) is a minimum of 3m with no exceptions. Competitors will have the choice of top-bound or loose map sets at each Station. Time Allowance at each Station is 120 seconds. Penalty for an incorrect answer is 30 seconds.

Standard (A): 3 Tasks per Station = total of 21. There are occasional Zero answers (where no flag corresponds to the correct position), but the Zero Tolerance is at least 5m with no exceptions. Competitors will just have side-bound (like a book) map sets. Time Allowance at each Station is 90 seconds. Penalty for an incorrect answer is 30 seconds.

Note:

For those new to TempO, please note that the aim is to solve the Tasks at speed and not to take the full Time Allowance! If you take your time, sunset (8:00 pm) will catch up on us! The fastest total time at Stations, taking into account added penalties, wins. Give your answers clearly and loudly!

Competition Procedure

The JK19 website gave an explanation of TempO, with a link to a fuller explanation. Re-read to understand it in advance, as the Station Officials will not have the time, or knowledge, to brief. Competitors will carry their own Control Card from Station to Station. Station Officials will enter the competitor's answer to each Task and record the time taken, from the words "your time starts now" until the last answer is given. Competitors should check that there is no dispute with the answers recorded before they leave each Station; there is no subsequent recourse.

Model Stations

There will be two unmanned Model Stations side-by-side close to the Event Centre, with examples of all three map set types, and solutions. You may attempt these at your own convenience.

Post Event

Solution maps will be available in the Event Centre after the last start, and taken to PreO on Day 2. They will also be linked from the JK19 website.

Results will be shown initially in finishing order only until the last competitor has started, after when the scores will also be shown. After the event they will be posted alongside the Sprint results on a link from the JK website.

The Prizegiving for the first three competitors in Elite classes will take place as soon as possible at the Event Centre.

Points will be awarded towards the (unofficial) European Cup in Trail Orienteering, combining both Senior and Junior Elite classes. <https://orienteering.sport/trailo/european-cup-in-trailo/>

Jury

Juha Hiirsalmi (FIN); Jan Furucz (SVK); Sigurd Daehli (NOR)

TempO Officials

Organiser: Axel Blomquist (BAOC)
Planner: Charles Bromley Gardner (BAOC)
Controller: Colin Dickson (BAOC)

Acknowledgements

Thanks to the many essential volunteers from far and wide.

We are grateful to the following for their help and for allowing us to use the area:

MoD and DIO; Garrison Commander: Lieutenant Colonel Colin Baines
Aspire Defence Services: Mr James Smee and the Aspire Team; Sodexo UK (for Bell Inn access)

Day 2: 20th April – PreO – Mytchett (East)

Important Notices

- Due to land use restrictions (a Site of Special Scientific Interest) the car park is 250m from Registration, along a B road on which traffic can drive too quickly. Measures will be taken to warn the traffic, to provide a cordoned pathway on the verge, and to control the crossings, but please take care of yourselves. In accordance with BOF Rules, children under 16 on the competition day must be accompanied along this road.
- Emitags will be used for time taken on the course, from a Start to a Finish Emit Touch Free Control. It is essential that the Start and Finish controls are only contacted once each. FootO competitors are to use the same emitag; TrailO-only competitors will be provided with an emitag at PreO Registration.
- PreO is a 'silent' sport – please do not talk when in or passing through (i.e. back to Registration) the competition area. (The exception is at the Timed Control Stations!)

Travel Directions

The area is 3 miles / 5 km from the Middle event (max 15 mins). Head south along the B3015 to Deepcut; over the canal and railway, turn left (east) at the T-junction with the B3012.

Car Parking is at Grid SU922562 off the B3012 (Gapemouth Road). Lat/Long: 51.297848, -0.678420. There is plenty of space, but it will be locked at the end of the competition.

Limited parking for wheelchair competitors will be at Grid SU920561 (Lat/Long: 51.297427, -0.680601), just north of the railway bridge. Portaloo's will be located here. There will be a 100m stretch along the B road to the competition area.

Map

Based on ISOM 2017, but at 1:5,000 with 1:10,000 symbol sizes; 2.5m contours. 6mm diameter control circles.

Area used for British Championships 1989, 1998 and World Cup 2005. Previous maps by Dave Peel (2008) and Pete Jones (2014). Re-surveyed 2019 by Roger Maher (SO), with LIDAR provided by Phill Batts (CLOK), adapted for TrailO by Charles Bromley Gardner (BAOC). Last FootO map: <https://www.baoc.routegadget.co.uk/rq2/#183>

Pits, usually military digging, are marked where their size would interrupt a running stride. Given the use of the area, in parts there are a significant number. Where relevant, sizes of pits used as controls will be given in control descriptions. Mapped prominent trees are those with a circumference larger than 2m, and are not necessarily 'single', i.e. they may be within a white area.

Competitors are to stay on the tracks marked as 'Paved' (ISOM 501 & 502). There may be little difference on the ground between this and the change to a Vehicle Track (ISOM 504), but it is not permitted to go onto the latter. Tape will be used to help delineate permissible tracks.

Terrain

An on-foot military training area with gullied steep slopes rising 45m. Mostly mature coniferous trees, therefore with good visibility being continuously improved by ongoing thinning (to 31 Mar 19). An extensive network of tracks, paths and unofficial MTB trails.

Start Times

12:30 until about 16:30. It will be based on a queuing start, but using the ORingen Open Start system: select your approximate start time in the Tempo Event Centre from a board of timed stickers and queue in that order. Due to the huge response (150+ entrants and counting), you should be prepared to wait, particularly at busy times (expected to be 14:00 to 15:30). Approximate times will only be pre-allocated for the 34 entrants who have not entered the Middle race; these will be between 12:30 and 14:00. Middle race competitors are expected to complete their FootO race before coming across to the PreO.

Courses

Two courses, using the same Start and Finish, which are within 150m direct line-of-sight of the Event Centre. The course is along firm hardcore vehicle tracks with 60m of gentle climb and descent along the whole stretch.

Elite Course: 2.2km, 20 controls; Time Limits: Open 126 mins; Para 135 mins
Standard Course: 2.0km, 15 controls; Time Limit 105 mins

The Elite (E) course will have two Timed Control Stations before the Start. The Standard (A) course will have just the first Time Control Station. Both Timed Control Stations will have 6 O flags, with 3 Tasks each, none of which will have a Zero answer. The Time Limit is 90 seconds at each Station. The penalty for an incorrect answer is 60 seconds. Elite competitors will have the choice of top-bound or loose map sets; Standard (A) course competitors will just have a side-bound (like a book) map set.

The Standard (A) course will include Zero (Z) answers, but only where the option is a single flag i.e. the answer will be either 'A' or 'Z'. It will be a clear Z: the 'A' flag will be at least 5m away from the correct site and possibly much more.

Zero tolerance on the Elite course is a minimum of 5m with no exceptions.

Competition Procedure

The JK19 website gives an explanation of PreO, with a link to a fuller explanation. Re-read to understand it in advance, as the Officials will not have the time to brief you again. Competitors will carry their own Control Card and emitag throughout. The Time Control Stations will be completed before actually 'starting'; the procedure is the same as TempO. Officials will write down the competitor's answer to each Task and record the time taken, from the words "your time starts now" until the last answer is given. Competitors should check that there is no dispute with the answers recorded before they leave the Station; there is no subsequent recourse.

Thereafter use the emitag to 'punch' at the Touch Free Start and pick up your PreO map. Each viewing point will occur along the route in numerical order and be identified by a mini O flag and course control number (e.g. E2, A4). It will be accompanied by a traditional pin punch, which is to be used to mark the chosen answer (A to E, or Z) on the Control Card. Personal pin punches may not be used. Controls can be punched in any order. Any double punching in different boxes will be counted as incorrect.

Post Event

Solution maps will be available at Registration after the last competitor has started and taken to the Long FootO event Enquiries on Day 3. They will also be linked from the JK19 website.

Results will be shown initially in finishing order only until the last competitor has started, after when the scores will also be shown. After the event they will be posted alongside the Sprint results on a link from the JK website.

The Prizegiving for the first three competitors in each Elite class will take place as soon as possible at Registration.

Points will be awarded towards the (unofficial) European Cup in Trail Orienteering, combining Senior, Para and Junior Elite classes. <https://orienteering.sport/trailo/european-cup-in-trailo/>

Jury

Juha Hiirsalmi (FIN); Sigurd Daehli (NOR); Anne Straube (GER)

PreO Officials

Organiser: Axel Blomquist (BAOC)
Planner: Charles Bromley Gardner (BAOC)
Controller: Colin Dickson (BAOC)

Acknowledgements

Thanks to the necessary volunteers from BAOC.

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MoD and DIO

Natural England, for use of the SSSI